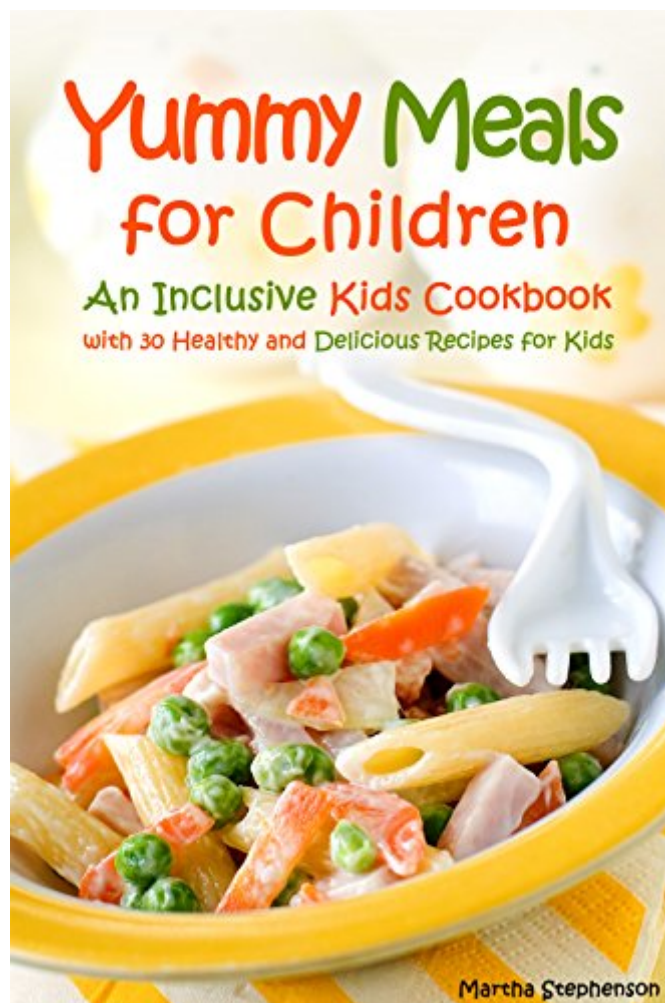




The book was found

# Yummy Meals For Children: An Inclusive Kids Cookbook With 30 Healthy And Delicious Recipes For Kids



## Synopsis

Parents often complain that their children do not like homemade food and they always insist on ordering a pizza or burger from restaurants and fast food centers. Keep it in mind that your kids are at a critical stage of their life. It is their growth period, and their body needs all minerals, vitamins, and nutrients for the growth of bones and muscles. You should serve them fresh fruits and vegetables in an attractive way and for this purpose, this cookbook can be your assistant. This book offers Recipes for Kids to make healthy vegetables and pizzas at home. Instead of purchasing items from the market, you should fill your pantry with all essential ingredients to make food at home. In this cookbook, you will find 30 recipes for your children. You can prepare healthy breakfast, dinner, lunch and even snacks for your child with the help of vegetables. These recipes will increase the temptation of your child to eat require a portion of fruits and vegetables. This cookbook offers:- Healthy Breakfast for Children- Pizza and Pasta Recipes for Kids- Vegetable Recipes for Children- Chicken and Fish Recipes for Children- Delicious Drinks and Salsa for Children Get this Kids Cookbook and prepare delicious meals for your kids to improve their health and reduce lots of health risks. Let's Get Cooking! Scroll Back Up and Grab Your Copy Today! Click the Download with 1-Click Button at the top right of the screen or "Read FREE with Kindle Unlimited" now! Then, you can immediately begin reading Yummy Meals for Children: An Inclusive Kids Cookbook with 30 Healthy and Delicious Recipes for Kids on your Kindle Device, Computer, Tablet or Smartphone.

## Book Information

File Size: 1319 KB

Print Length: 66 pages

Simultaneous Device Usage: Unlimited

Publication Date: November 20, 2016

Sold by: Â Digital Services LLC

Language: English

ASIN: B01MTQJRRC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #421,257 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #48 in Books > Teens > Hobbies & Games > Cooking #49 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Diet > Baby Food #119 in Books > Cookbooks, Food & Wine > Special Diet > Baby Food

## Customer Reviews

Somewhat disappointing. Daughter is proud to have it. But we cannot find the recipe that fits the cover photograph. And I am very disappointed in the ingredients... The author repeatedly promotes healthy eating but the recipes are not healthy - even for children who need more fat than adults. And most of the fats are not healthy fats... 1/2 cup of oil, butter, lots of cheese in most recipes. I do not remember seeing olive oil, nuts, avocados, etc. Do not buy this expecting healthy recipes. But most are simple and can be done with children. There is a recipe for kale chips.

Nothing new. Typical recipes and not many. Pizza, nuggets ... dont need book for this.  
Disappointed. The read was free. Totally not worth paying for the read.

[Download to continue reading...](#)

Yummy Meals for Children: An Inclusive Kids Cookbook with 30 Healthy and Delicious Recipes for Kids Make Ahead Meals: Delicious, Healthy, Low Carb Make Ahead Freezer Meals Recipes For The Busy Individual (Frugal Cooking, Meals For One, Cooking For One, ... Recipes, Easy Meals, Slow Cooker Cookbook) Mug Recipes Cookbook : 50 Most Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1) Crock Pot: Delicious Crock Pot Dump Meals, Freezer Meals and More! (Crock Pot, Crockpot Recipes Cookbook, Dump Meals, Freezer Meals, Chicken and Soup Recipes) Instant Pot Pressure Cooker Cookbook: Easy Recipes and the Ultimate Guide to Fast, Delicious, and Healthy Meals: Healthy, Easy And Delicous Meals With ... Crock Pot, Healthy, Quick & Easy, Paleo,) Dump Dinners: 101 Easy, Delicious, and Healthy Meals Put Together in 30 Minutes or Less! (dump dinners, dump dinner recipes, crockpot recipes, dump ... recipes, healthy recipes, healthy cooking) Crock Pot: 2,000 Crock Pot Recipes Cookbook (Crock Pot Recipes, Slow Cooker Recipes, Dump Meals Recipes, Dump Dinner Recipes, Freezer Meals Recipes, Crock Pot Cookbook) Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) CROCK POT: Delicious Freezer Meal and Dump Meal Recipes for Busy People (Crock Pot, Crock Pot Cookbook, Crock Pot Recipes Cookbook, Crockpot

Cookbook, ... Dump Meals, Crock Pot Freezer Meals Book 1) Air Fryer Cookbook: The World's  
No. 1 Low Fat Fryer, The Ultimate Healthy Delicious Recipes Cookbook (clean eating, healthy  
cookbook, air fryer recipes cookbook, ) Casseroles: 365 Days of Casserole Recipes for Quick and  
Easy Meals (Casserole Cookbook, Party Recipes, Family Meals, One Dish Recipes, Dump Dinner,  
Make Ahead Meals) Cast Iron Recipes Cookbook: 50 Most Delicious of Cast Iron Recipes (Cast  
Iron Recipes, Cast Iron Cookbook, Cast Iron Cooking, Cast Iron Cooking Recipes): ... Recipes  
(Easy Recipes Cookbook Book 2) CAKE COOKBOOK: The Top 100 Cake Recipes: cake recipes,  
cake cookbook, cake, cake recipe, cake recipe book, delicious cake recipes (cake recipes, cake ...  
cake recipe book, delicious cake recipes) Easy Spring Roll Cookbook: 50 Delicious Spring Roll and  
Egg Roll Recipes (Spring Roll Recipes, Spring Roll Cookbook, Egg Roll Recipes, Egg Roll  
Cookbook, Asian Recipes, Asian Cookbook Book 1) CROCK POT: Delicious, Healthy Crock Pot  
Recipes (2100 Crock Pot Recipes Cookbook, Clean Eating, Crockpot, Healthy Crock Pot, Crock Pot  
Chicken, Crock Pot Recipes Cookbook) CROCK POT: 500 Best Crockpot Recipes (crockpot  
cookbook, slow cooker recipes, crock pot meals, paleo, vegetarian, crock pot, crock pot cookbook,  
crockpot freezer meals, slow cooker cookbook) Easy Asian Cookbook Box Set: Easy Korean  
Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy  
Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) Egg Recipes: 50  
Delightful Egg Recipes for Your Everyday Meals: Egg Cookbook, Egg Recipe Book, Best Egg  
Recipes, Delicious Egg Recipes, Frittata, Quiche, Omelette Recipes and More! INSTANT POT:  
2,500 Instant Pot Pressure Cooker and Slow Cooker Recipes Cookbook (Instant Pot, Instant Pot  
Recipes, Crockpot Cookbook, Slow Cooker Recipes, ... Pot Dump Meals, Crock Pot Freezer Meals)  
CROCKPOT DUMP MEALS: Delicious Dump Meals, Dump Dinners Recipes For Busy People  
(crock pot dump meals, crockpot dump dinners, dump dinners)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)